

## Purchasing *Chometz* After Pesach

If *chometz* has been in a Jew's possession over Pesach, it is subsequently forbidden for consumption.

- All Scroll K-certified establishments have been verified to be free of this concern.
- The following is a list of entities which either sold their *chometz* properly to a non-Jew over Pesach or are owned by non-Jews.

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| <ul style="list-style-type: none"> <li>• 7-Eleven</li> <li>• ASLI Mediterranean Grill</li> <li>• Bavarian Bakery</li> <li>• Bonnie Brae Ice Cream</li> <li>• Brooklyn Pizza</li> <li>• CJ Kosher</li> <li>• Costco</li> <li>• Culinary Masters Catering (previously Canteen Catering and La Vie Catering)</li> <li>• East Side Kosher Deli</li> <li>• Enstrom</li> </ul> | <ul style="list-style-type: none"> <li>• Häagen-Dazs Cherry Creek location</li> <li>• Hammond's Candies</li> <li>• High Point Creamery</li> <li>• HipPOPs</li> <li>• Izzio's Artisan Bakery</li> <li>• Josh's Smoke House</li> <li>• KC Kosher Coop</li> <li>• King Soopers</li> <li>• Natural Grocers (Vitamin Cottage)</li> <li>• Occasions Catering</li> <li>• Restaurant Depot</li> <li>• Rocky Mountain Spice</li> </ul> | <ul style="list-style-type: none"> <li>• Rosenberg's Kosher</li> <li>• Safeway</li> <li>• Sam's Club</li> <li>• Simcha Stop</li> <li>• Sprouts</li> <li>• Sweet's Candy Co.</li> <li>• The Braided Loaf</li> <li>• Trader Joe's</li> <li>• Udi's Granola</li> <li>• Vitamin Cottage (Natural Grocers)</li> <li>• Walmart</li> <li>• Whole Foods</li> </ul> |
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## KITNIYOS

### AND OTHER PRODUCTS CUSTOMARILY NOT EATEN ON PESACH

These items are avoided by those of Ashkenazi descent. The custom of many Sephardi communities is to allow many, or all, of these items. These items (when there is no *chometz* concern) may be kept in your possession over Pesach.

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| <ul style="list-style-type: none"> <li>• Anise<sup>4</sup> (according to some)</li> <li>• Ascorbic Acid,</li> <li>• Aspartame<sup>1</sup></li> <li>• Beans (including Green Beans, Edamame, etc.)</li> <li>• Bean Sprouts</li> <li>• BHA (in corn oil)</li> <li>• BHT (in corn oil)</li> <li>• Buckwheat</li> <li>• Calcium Ascorbate<sup>2,3</sup></li> <li>• Canola Oil (Rapeseed)</li> <li>• Caraway Seeds (according to some)</li> <li>• Chickpeas</li> <li>• Citric Acid<sup>2,3</sup> (possibly <i>chometz</i>)</li> <li>• Confectioner's Sugar generally contains cornstarch (<i>kitniyos</i>) and may possibly contain <i>chometz</i>. Certified KFP varieties are available which substitute tapioca starch for cornstarch.</li> <li>• Coriander (according to some)</li> </ul> | <ul style="list-style-type: none"> <li>• Corn</li> <li>• Cumin<sup>4</sup> (according to some)</li> <li>• Dextrose (possibly <i>chometz</i>)</li> <li>• Emulsifiers<sup>3</sup></li> <li>• Fennel<sup>4</sup> (according to some)</li> <li>• Fenugreek<sup>5</sup></li> <li>• Glucose<sup>3</sup></li> <li>• Green Beans</li> <li>• Guar Gum<sup>3</sup></li> <li>• Hemp seed and Hemp oil are <i>kitniyos</i> according to some authorities. This is not to be confused with CBD oil, which is discussed elsewhere in this guide.</li> <li>• H.V.P. (possibly <i>chometz</i>)</li> <li>• Isolated Soy Protein</li> <li>• Isomerized Syrup</li> <li>• Kasha (Buckwheat)</li> <li>• Lecithin</li> <li>• Lentils</li> <li>• Maltodextrin<sup>2</sup> (possibly <i>chometz</i>)</li> </ul> | <ul style="list-style-type: none"> <li>• Millet</li> <li>• MSG (possibly <i>chometz</i>)<sup>3</sup></li> <li>• Mustard Flour</li> <li>• NutraSweet<sup>2</sup></li> <li>• Peanuts<sup>5</sup> (according to some)</li> <li>• Peas</li> <li>• Rice<sup>6</sup></li> <li>• Seeds (Caraway, Poppy, Sesame, Sunflower) (according to some)</li> <li>• Sodium Citrate<sup>1</sup> (possibly <i>chometz</i>)</li> <li>• Sodium Erythorbate<sup>1</sup></li> <li>• Sorbitan</li> <li>• Sorbitol</li> <li>• Soybeans</li> <li>• Starch</li> <li>• String Beans</li> <li>• Tofu</li> <li>• Vitamin C1<sup>1,2</sup>(possibly <i>chometz</i>)</li> </ul> |
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This information was gleaned from 'Kitniyos by Any Other Name' by Rabbi Tzvi Rosen and other sources.

<sup>1</sup> *Kitniyos Shenishtanu*. Some hashgacha agencies will certify products for Pesach use when containing *kitniyos shenishtanu*.

<sup>2</sup> Unless bearing a reliable Passover certification.

<sup>3</sup> Only acceptable when the certifying agency has documented that all *chometz* issues have been resolved.

<sup>4</sup> The bulbs, roots, and greens of these items are not *kitniyos*; it is only the seeds we avoid.

<sup>5</sup> Should be avoided on *Pesach*.

<sup>6</sup> Those who eat rice on *Pesach* should confirm their rice is Kosher *L'Pesach* and free of problematic additives. For more information, see Pesach Item List above.

There will be a kosher for Pesach kitniyos section at East Side Kosher Deli which may be utilized by those who eat kitniyos on Pesach.