

Purchasing *Chometz* After Pesach

If *chometz* has been in a Jew's possession over Pesach, it is subsequently forbidden for consumption.

- All Scroll K-certified establishments have been verified to be free of this concern.
- The following is a list of entities which either sold their *chometz* properly to a non-Jew over Pesach or are owned by non-Jews.

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| • 7-Eleven | • Häagen-Dazs Cherry Creek location | • Rocky Mountain Spice |
| • Amusemints | • Hammond's Candies | • Rosenberg's Kosher |
| • ASLI Mediterranean Grill | • High Point Creamery | • Safeway |
| • Bavarian Bakery | • HipPOPs | • Sam's Club |
| • Bonnie Brae Ice Cream | • Izzio's Artisan Bakery | • Simcha Stop |
| • Brooklyn Pizza | • Josh's Smoke House | • Sprouts |
| • CJ Kosher | • KC Kosher Coop | • Sweet's Candy Co. |
| • Costco | • King Soopers | • The Braided Loaf |
| • Culinary Masters Catering (previously Canteen Catering and La Vie Catering) | • Mordy's Falafel and Grill | • Trader Joe's |
| • East Side Kosher Deli | • Natural Grocers (Vitamin Cottage) | • Udi's Granola |
| • Enstrom | • Occasions Catering | • Vitamin Cottage (Natural Grocers) |
| | • Restaurant Depot | • Walmart |
| | | • Whole Foods |

KITNIYOS

AND OTHER PRODUCTS CUSTOMARILY NOT EATEN ON PESACH

These items are avoided by those of Ashkenazi descent. The custom of many Sephardi communities is to allow many, or all, of these items. These items (when there is no *chometz* concern) may be kept in your possession over Pesach.

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| • Anise ⁴ (according to some) | • Corn | • Millet |
| • Ascorbic Acid , | • Cumin ⁴ (according to some) | • MSG (possibly <i>chometz</i>) ³ |
| • Aspartame ¹ | • Dextrose (possibly <i>chometz</i>) | • Mustard Flour |
| • Beans (including Green Beans, Edamame, etc.) | • Emulsifiers ³ | • NutraSweet ² |
| • Bean Sprouts | • Fennel ⁴ (according to some) | • Peanuts ⁵ (according to some) |
| • BHA (in corn oil) | • Fenugreek ⁵ | • Peas |
| • BHT (in corn oil) | • Glucose ³ | • Rice ⁶ |
| • Buckwheat | • Green Beans | • Seeds (Caraway, Poppy, Sesame, Sunflower) (according to some) |
| • Calcium Ascorbate ^{2,3} | • Guar Gum ³ | • Sodium Citrate ¹ (possibly <i>chometz</i>) |
| • Canola Oil (Rapeseed) | • Hemp seed and Hemp oil are <i>kitniyos</i> according to some authorities. This is not to be confused with CBD oil, which is discussed elsewhere in this guide. | • Sodium Erythorbate ¹ |
| • Caraway Seeds (according to some) | • H.V.P. (possibly <i>chometz</i>) | • Sorbitan |
| • Chickpeas | • Isolated Soy Protein | • Sorbitol |
| • Citric Acid ^{2,3} (possibly <i>chometz</i>) | • Isomerized Syrup | • Soybeans |
| • Confectioner's Sugar generally contains cornstarch (<i>kitniyos</i>) and may possibly contain <i>chometz</i> . Certified KFP varieties are available which substitute tapioca starch for cornstarch. | • Kasha (Buckwheat) | • Starch |
| • Coriander (according to some) | • Lecithin | • String Beans |
| | • Lentils | • Tofu |
| | • Malto-Dextrin ² (possibly <i>chometz</i>) | • Vitamin C1 ^{1,2} (possibly <i>chometz</i>) |

This information was gleaned from 'Kitniyos By Any Other Name' by Rabbi Tzvi Rosen and other sources.

¹*Kitniyos Shenishtanu*. Some hashgacha agencies will certify products for Pesach use when containing *kitniyos shenishtanu*.

²Unless bearing a reliable Passover certification.

³Only acceptable when the certifying agency has documented that all *chometz* issues have been resolved.

⁴The bulbs, roots, and greens of these items are not *kitniyos*; it is only the seeds we avoid.

⁵Should be avoided on *Pesach*.

⁶Those who eat rice on *Pesach* should confirm their rice is Kosher *L'Pesach* and free of problematic additives. For more information, see Pesach Item List above.

There will be a kosher for Pesach kitniyos section at East Side Kosher Deli which may be utilized by those who eat kitniyos on Pesach.